SPRING TERM 2023 WEEK A 23 Jan 23 Jan 23 Jan

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pesto Pasta (VE)	Beef Chilli and Rice	Roast chicken, stuffing and roast potatoes	Sausage plait with crispy diced potatoes	Fish Fingers and homemade chips
Cheese and vegetable puff	Cheese and Tomato Pizza	Sweet potato and spinach curry (VE)	Quesadilla	Roasted vegetables with savoury rice (VE)
Jacket potato with a selection of toppings				
Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings
Yoghurt and honey/fruit	Banana bread	Fruit Jelly	Chocolate Oat slice	Yoghurt with honey/fruit

Fresh fruit is served every day. Seasonal vegetables are available with all meals as well as access to the salad bar along with our homemade bread, baked in your school kitchen. Where possible, we buy locally sourced produce. All our meat is high welfare and our eggs are responsibly sourced and free range. Our spreads and cooking fats are vegan.

Last update: 17:15 | 05/12/2022

SPRING TERM 2023 WEEK B 9 Jan 30 Jan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Spanish Omelette	Chicken Fajita and Rice	Toad in the hole with roast potatoes	Pasta Bolognaise	Breaded fish and chunky wedges
	Macaroni and cheese	Margherita Pizza	Vegetable Wellington (VE)	Baked squash Risotto (VE)	Pasta shapes in an arriabiata sauce (VE)
	Jacket potato with a selection of toppings	Jacket potato with a selection of toppings	Jacket potato with a selection of toppings	Jacket potato with a selection of toppings	Jacket potato with a selection of toppings
D	eli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings
	Yoghurt and honey/fruit	Gingerbread	Cheese and crackers	Apple flapjack	Yoghurt with honey/fruit

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SPRING TERM 2023 WFFK C

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato and Basil P (VE)	Pasta	Chicken Korma and Rice	Beef meat loaf with Roast potatoes	Pepperoni Pasta Bake	Fish fingers cod or Salmon and homemade chips
cauliflower and brocc (VE)	oli Bake	Classic cheesy Pizza	Roasted Pepper enchilada	Meat free toad in the hole	Vegetable curry and rice (VE)
Jacket potato wi a selection of topp		Jacket potato with a selection of toppings			
Deli option with a sel of breads and filli	J.	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings	Deli option with a selection of breads and fillings
Yoghurt and honey,	/fruit	Chocolate cake	Fruit fool	Oat Cookies	Yoghurt with honey/fruit

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